



PRESS

AFTER-SCHOOL PROGRAM

Brooks Basketball Academy offers basketball skills training to students in the Dallas-Fort Worth Metroplex through a program called PRESS.

ABOUT US

PRESS is an after-school program that engages students in basketball skills training, cooperative games and competitive play, while also teaching sustainable life lessons, fostering social and emotional learning and promoting physical fitness.

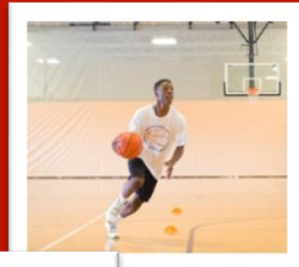
OUR FOCUS

Participants will learn the basic rules and key concepts of the game of basketball, as well as fundamental skills like:

- ✓ Ball Handling & Dribbling
- ✓ Footwork & Body Control
- ✓ Passing & Receiving
- ✓ Shooting
- ✓ Defensive Strategies

PROGRAM DETAILS

PRESS is open to boys and girls, Grades K-8. All skill levels and abilities are welcome. Classes are held one day per week for 60 minutes in the school gymnasium. Basketballs and other training equipment is provided.



FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE AT:

www.BrooksBasketballAcademy.com/after-school-program